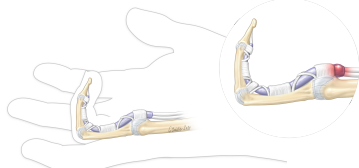


TRIGGER FINGER

LEVEL ★★★

WALANT
LOCAL & REGIONAL

SURGERY



A1 pulley release
Open
Ultrasound-guided percutaneous



Clips

ANATOMY & SONOANATOMY

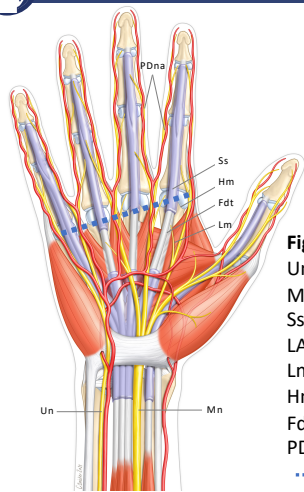
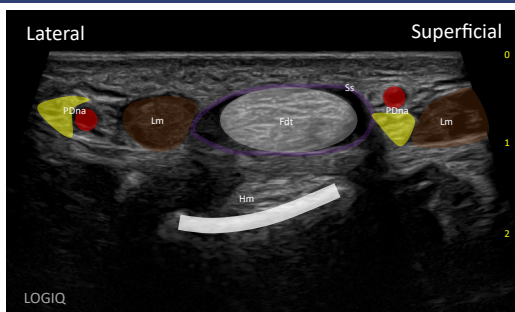


Figure:

Un, Ulnar nerve
Mn, Median nerve
Ss, Synovial sheath
LA, Local Anesthetic
Lm, Lumbrical muscle
Hm, Head of metacarpal
Fdt, Flexor digitorum tendon
PDna, Proper palmar Digital artery & nerve
..... Position of the probe

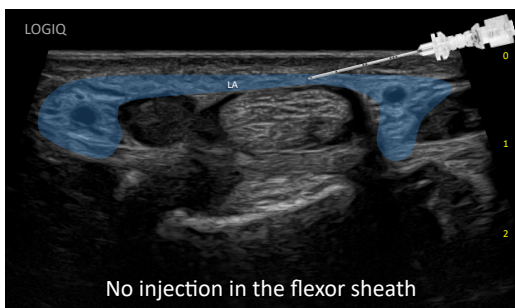
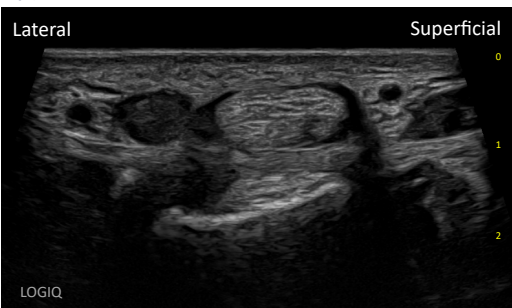
Illustrator : Charles Boistier



Landmarks :

Flexor digitorum tendon
Proper palmar digital artery
Proper palmar digital nerve
Lumbricals muscles
Head of metacarpal

PROCEDURE

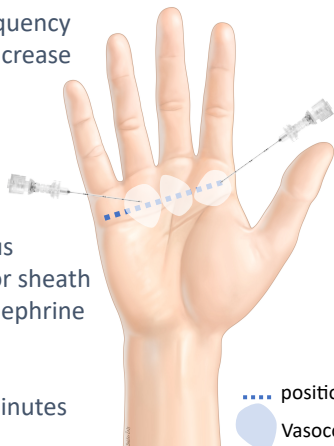


Probe : Linear, High frequency
Position : Distal palmar crease

Needle : 24 G x 40 mm
Ponction : 1
Approach : In plane

Injection : Subcutaneous
No injection in the flexor sheath
LA : Lidocaine with epinephrine
Volume : 5 ml

Massage - Onset : 30 minutes



..... position of the probe
Vasoconstriction area 30 min after injection



Picture : Theo Baulig